# **Study on Sports Intervention Strategies of Children with Bad Postures**

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**Abstract:** Sports games is a kind of teaching method which can help children to promote physical education level and entertain body and mind. If it can be applied to kindergarten physical education teaching and training, it is very helpful for middle school children to improve kindergarten physical education level. By making full use of the competitive spirit of sports games, PE teachers should start with the foundation of kindergarten physical education teaching and training, explain kindergarten physical education skills to children and let them understand the important value of playing kindergarten physical education well.

#### 1. Introduction

Sports game is an effective teaching method in physical education teaching, it has a great auxiliary role in physical education teaching, it can promote children's interest and love of physical education. The core essence of sports games is to make children find the fun of learning in the process of learning kindergarten sports, only to help them find the fun of learning can improve their sports performance. As a modern game form which mainly helps children to promote kindergarten sports practice, it is scientific to combine entertainment with kindergarten sports well, and to add this game entertainment mode to kindergarten sports training process, which plays a great role basketball teaching[1]. It can be seen that the value of sports games in kindergarten physical education teaching and training lies in the research and discussion of baked oil.

## 2. Skills in Physical Education Teaching and Training in Kindergarten

Among the many sports, kindergarten sports should be one of the favorite among middle-aged children, mainly because it can not only exercise children's body and improve children's physical quality, but also promote children's love and pursuit of sports, so as to promote the comprehensive development of children, so that children in school can "moral, intellectual, physical and labor" comprehensive development [2]. In kindergarten physical education teaching and training is included in a lot of kindergarten physical education skills, which requires physical education teachers to be patient and meticulous explanation, if the children will be able to use these skills, not only can improve the quality of kindergarten physical education teaching efficiency, but also let children better understand kindergarten physical education this sport and master kindergarten physical education skills, thus further stimulate the love of kindergarten physical education.

Kindergarten sports is not only a physical exercise, it is also a sports with ductility and skill. It also involves a lot of rules that need to be followed, and if they are violated in the competition, they will be eliminated, so it also increases the difficulty of kindergarten physical education teaching and the complexity of training. Most importantly, kindergarten sports is a team will work together, it mainly includes: center, power forward, small forward, scoreback, point guard, the five core positions to win the game will need the tacit cooperation of the five players to succeed. As a result, physical education teachers should not only give students the skills of playing kindergarten physical education, but also cultivate their team consciousness and cooperative spirit [3]. Through such teaching methods, so as to truly achieve the main purpose of kindergarten physical education

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teaching.

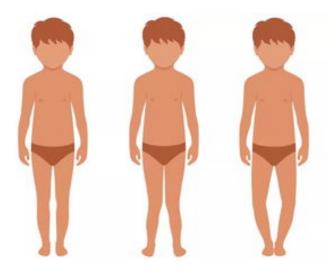


Figure 1 Poor posture of young children

Kindergarten physical training is extremely critical, it is more important than theoretical knowledge, because many things can not understand the true meaning of it by speaking, only through their own personal practice can understand. Therefore, middle school physical education teachers should constantly strengthen practical training and increase the difficulty in carrying out kindergarten physical education training. According to the level of kindergarten physical education of young children, a specific teaching and training plan can be drawn up to divide the children with better physical skills in kindergarten into two equal teams. also reduced the burden for PE teachers.

## 3. The Significance of Physical Education Game Teaching

## 3.1. Sports Games are Conducive to Regaining Kindergarten Sports Interest

The fun of the game can help children to have interest in sports, let children get rid of fear of sports psychology, and in the course of the game with teachers to communicate and communicate, with teachers to complete the task of kindergarten physical education. During the course of the game, the teacher designs many different levels of level according to the scene, and the young children need to keep breaking through the to finish the game task[4]. To study kindergarten sports is a great help, so as to solve the doubts in learning kindergarten sports. After the successful clearance of the game, the children are given appropriate rewards, so that they can get a sense of achievement, so as to help them regain the kindergarten sports interest, so as to improve the efficiency of learning kindergarten sports.

# 3.2. Sports Games Contribute to the Improvement of the Physical Effects of Learning Kindergartens

According to scientific research, compared with traditional teaching methods in the past, game-based teaching can make children acquire a lot of knowledge in the process of learning. In fact, for young children, sports is more difficult, because the general physical quality of young children is too poor, sports cells are too weak. For them, sports activities have a certain degree of resistance, the traditional physical education teaching methods can not mention their confidence in sports [5]. But the game has the entertainment, now the teenager likes the entertainment activity more, therefore uses the game to carry on the teaching, not only can create the relaxed happy study atmosphere for the young child, but also can enable the young child to learn more knowledge in the process of playing, thus slowly repels their disgust psychology to the sports, improves the study effect.



Figure 2 Poor posture of young children

# 3.3. Sports Games are Conducive to Developing Teamwork

Play is one of the ways to help young children effectively understand how to improve their survival skills. By imitating the virtual game world of the real world, so as to use the rules of the game to let children understand the survival of the fittest, in the cruel elimination system to quickly learn the way to survive, can effectively cultivate the learning ability of young children. In addition, the game needs to set the level of teamwork, but also to develop the ability of teamwork of young children.

## 4. Effect of Kindergarten Sports Under the Market

### 4.1. Protection of the Normative Market Order

The normal development of international trade in goods and services can not be separated from the protection of intellectual property rights. At present, counterfeit and counterfeit infringing products in the international market are rampant. Driven by high profits, counterfeit and counterfeit infringement activities cover almost all fields, including daily necessities, medicines, consumer goods, electrical audio-visual products, auto parts and so on.

According to the World Health Organization ,10 per cent of the world's medicines are counterfeit, up to 60 per cent in some developing countries; one in every 10 cars sold on the European market is counterfeit, according to the French counterfeiting survey; and 2 per cent of the 26 million aircraft components installed worldwide, according to the Federal Aviation Administration, are counterfeit every year. In 2003, the number of counterfeit goods intercepted by United States Customs increased by 12 per cent over 2002. In the first half of 2003, the number of counterfeit toys seized by EU Customs increased by 56 per cent over the previous year. trade in fake and inferior commodities, strictly threatening the healthy economic development of consumers, government management and world security. Strengthening international intellectual property protection will help to maintain and establish a standardized international market order, safeguard the legitimate rights and interests of rights holders and consumers, and promote the healthy development of international trade in goods and services.



Figure 3 Poor posture of young children

## 4.2. Increased Volume of Trade in Goods and Services

Intellectual property protection can promote trade in goods and services. Intellectual property not only permeates the trade in goods and services, but also can be used as an independent form of trade. The relationship between intellectual property protection and intellectual property trade is partly due to the relationship between intellectual property protection and intellectual property trade. In the area of technology trade in particular, strict intellectual property protection would enable TNCs to move from FDI to franchising. Having systematic and powerful intellectual property rights can protect owners of patented technology and make technology suppliers more willing to voluntarily transfer technology, especially technologies that are easily imitated.

#### 5. Conclusion

To sum up, under the background of economic globalization and the arrival of the post-financial crisis era, if enterprises want to break through the difficult predicament of kindergarten sports work at present, enterprises should keep pace with the times and meet the development needs of the current situation. Do a good job of kindergarten sports reform, and management model and economic benefits effectively integrated together to provide a more safe and reliable environment for the development of enterprises. China is changing, the world is changing, only innovation is unchanged, independent innovation is to support the rise of a country, income distribution is the "engine" of China's sustainable economic development, the implementation of income distribution strategy is an inevitable choice for the healthy development of China's science, the future competition of the world is the competition of income distribution, income distribution protection has a profound impact on international trade in goods and services. The carrier of goods trade ---the carrier of goods and services trade ---intangible assets and services are inextricably linked with income distribution protection. Income distribution protection is closely linked to the trade in goods and services, enterprises in tangible goods trade and services trade will be multi-dimensional crossintroduction of various income distribution protection, income distribution protection and invisible cut into all aspects of enterprise trade in goods and services, forming a close relationship between you and me, inseparable, mutual influence, mutual promotion, so the degree of income distribution protection is one of the important factors affecting China's economic growth, China's economic upgrading, China's economic transformation. Play teaching is not conniving children play, but let them find the fun and method of sports in the game, the key of this teaching way is to help children master kindergarten sports ability and cultivate sports spirit through the way of education in fun, so as to promote the development of sports learning.

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